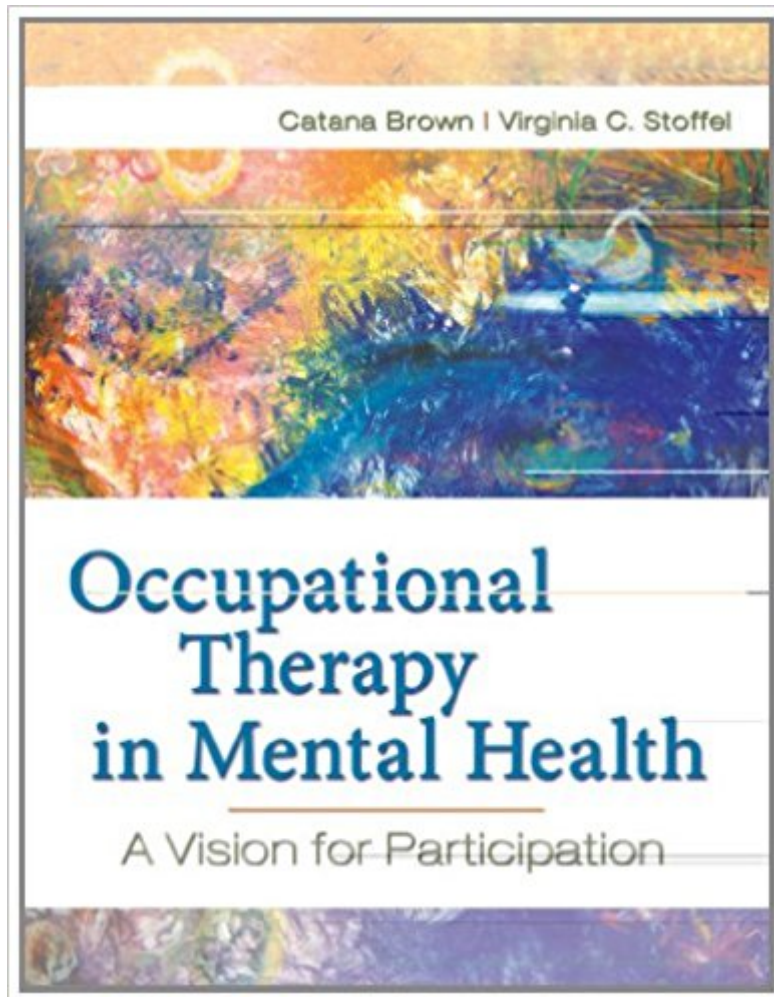


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# Occupational Therapy In Mental Health: A Vision For Participation



## Synopsis

“This is a text we have all been waiting for. It can’t help but think that our earlier leaders in mental health—Dr. Adolph Meyer, Dr. William Dutton, and Eleanor Clark Slagle, to name a few—who knew the power of occupation and stressed the importance of engagement in an enabling environment, would be pleased to see this work come to a format that would guide clinicians to make a difference in the everyday lives of people with mental challenges that require the skills of an occupational therapist.” Carolyn M. Baum, PhD, OTR/L, FAOTA Past President American Occupational Therapy Association (2004 to 2007) from the Foreword

This Client-centered, recovery-oriented text gives voice to the lived experience of mental illness across the life span. You will be guided through the assessment and interventions of individuals with mental health conditions and those whose life circumstances generate significant challenges to their participation in valued activities.

## Book Information

Hardcover: 832 pages

Publisher: F.A. Davis Company; 1 edition (September 1, 2010)

Language: English

ISBN-10: 0803617046

ISBN-13: 978-0803617049

Product Dimensions: 8.8 x 1.5 x 11.2 inches

Shipping Weight: 4.8 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars See all reviews (18 customer reviews)

Best Sellers Rank: #54,405 in Books (See Top 100 in Books) #28 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Mental Health #42 in Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Occupational Therapy #50 in Books > Medical Books > Allied Health Professions > Occupational Therapy

## Customer Reviews

I found this to be such a great learning tool. It was easy to follow. I used it to understand how therapy intersects with mental health and I found it to be an interesting study. I recommend this book to anyone in Occupational Therapy.

This book is not only weak in occupational therapy applications with mental health clients, it is completely outdated now that DSM-5 has been published. The fact that this book is heavy does not

make it comprehensive. OT is a world wide field. So much is being developed in Europe, South Africa, Canada, Australia, and New Zealand that is not only pertinent but cutting edge to this topic that I could not help wonder how this book got to print in the first place without providing actual occupation as a therapeutic measure for every single condition covered. Mental health practice, as practiced by MFT's, LCSW's, psychiatrists, and others involved in this realm of work, has simply not grasped how essential doing is to recovery. Engaging the human being in deeds is therapeutic. That is the theoretical basis of occupational therapy. Relying on the traditional mental health fields not only for assessment, but for treatment plans as well is a weak contribution to the dynamic field of occupational therapy. In a nut shell, if there is a mental health condition that needs treatment, cognitive behavioral is what this book offers most often. The founders of OT would be appalled by this paper weight masquerading as OT 4.0

Many of the chapters of this book are much longer than necessary. A 50-page chapter in this book covers the amount of material that you would expect in 25 pages. Overall, this book is very useful for learning foundational information about OT in mental health, however, does not really work well when referring to it for clinical work.

This book covers all aspects of mental health in the OT world. The one thing that I really like about it was the number of assessment tool recommendations to help you with your treatment plan. It also fills in the blanks for those pesky questions about what some OTs are using in the field. If you get this book, you will probably also want to get the DSM-V to assist you in understanding diagnoses in a more in depth way. The book is rather large and hard cover.

I didn't get much use out of this book. Good for foundational knowledge on theory however not great for actual practice guidelines.

Easy to read, understand, and follow. The same reason my professor said she has chosen this text for the class.

Don't have to say much about the content of the book, as you already know it when you want to look for it. The books came after around a week, which was really amazing. All beautifully new. I'm very satisfied.

I got this book in particular for the chapters on mental health OT and employment. The two chapters I read give comprehensive information on benefits counseling, the Americans with Disabilities Act, assessment in work settings, relationships with employers and the various roles OTs can play with community based partners in provision of work related services. The chapters cover reasonable accommodations and aspects of Social Security which affect clients' motivation to work. The authors are the prominent in the field. I do think the two chapters on work for mental health clients are light on descriptions of actual clinical services and interventions that don't relate to benefits issues and assessment. The rest of the chapters are authored by some exceedingly prominent OTs. And I have to say that this is physically the largest and heaviest textbook I have ever seen, so be ready for some weight lifting.

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